



South Central PA
Chapter



SHM South Central Pennsylvania Chapter: 7th Annual Academic Day

September 28, 2024

Wellspan York Hospital - Education Pavilion
1001 South George Street,
York, PA 17403

Register Online

[Click here to register](#) or scan the QR code below



Course Description

We are proud to announce that the theme of this year's 7th Annual Society of Hospital Medicine South Central PA Chapter Conference and Abstract Competition will be "Building Bridges and Breaking Barriers: Addressing Inpatient Care Challenges in 2024." This event is intended for physicians and allied health professionals who care for patients in the hospital setting and will include both large and breakout sessions covering a range of topics geared toward providing up-to-date patient care and guidance on how to address commonly encountered inpatient care challenges. To facilitate comradery and group learning, this year's conference and poster exhibition will be in-person.

CME

The Society of Hospital Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Society of Hospital Medicine designates this in-person activity for a maximum of 4.0 AMA PRA Category 1 Credit™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

The faculty and planners of these activities have no relevant relationships to disclose. All relevant relationships were mitigated prior to the start of this activity.

Guest Faculty and Lecturers



Jean-Sebastien Rachoin, MD, MBA, FASN, FCCM, SFHM

*Medical Director, Center for Hospital-Based Services and Co-Medical Director, Center for Critical Care Medicine, Cooper University Health Care
Associate Professor of Medicine, Cooper Medicine School of Rowan University*



Raghav Tirupathi, MD

*Medical Director of Keystone Infectious Diseases/HIV as well as Keystone Community Health Services, Wellspan Chambersburg
Clinical Assistant Professor of Medicine, Drexel College of Medicine*



Ariana Pichardo-Lowden, MD, M.Ed, MSc

*Associate Professor of Medicine & Public Health Sciences,
Division of Endocrinology, Diabetes, and Metabolism
Penn State College of Medicine*



Alison Sabados, PharmD, BCCCP

Clinical Pharmacy Supervisor and Residency Program Director for the PGY1 Pharmacy Residency Program, WellSpan York Hospital



Karen Frock PharmD, BCCCP

Clinical Pharmacy Supervisor and Residency Program Director for the PGY2 Critical Care Pharmacy Residency Program, WellSpan York Hospital



Brian McGillen, MD, FACP, SFHM

*Academic Hospitalist and Associate Professor of Medicine, Penn State Health's Hershey Medical Center
Medical Director of Transitions and Throughput and Chair of the Utilization Management Committee, HMC*

Admin Support

SHM SCPA Chapter Academic Chair/Conference Chair

Daniel Fischman, MD, MMM, FAAP, FACP, CPE, DABPM-CI

Abstracts Chair

Sarah Al-Obaydi, MD, MPH

Workshops Chair

Jean-Sebastien Rachoin MD, MBA, FASN, FCCM, SFHM

Logistics Chair

Karampal Mand, MD

Committee Member

Jay Thimmapuram, MD, MRCP, FACP, FAIHM

SHM South Central PA Chapter President

Lucas Shelly, DO

Course Schedule

Saturday, September 28

7:00 a.m. - 3:00 p.m.

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| 7:00 - 8:00 a.m. | Registration and Breakfast |
| 8:00 - 8:15 a.m. | Welcome and Introductions |
| 8:15 - 9:15 a.m. | Plenary Session: Challenges in Decreasing Hospital Length-of-Stay Jean-Sebastien Rachoïn, MD, MBA, FASN, FCCM, SFHM <ol style="list-style-type: none">1. Understand the adverse consequences of prolonged hospital Length of stay2. Be familiar with reasons for long length of stay3. Understand why Length of stay in 2024 and beyond is going to continue getting higher4. Become familiar with some of the potential local and systemic solutions |
| 9:15 - 9:30 a.m. | Break |
| 9:30 - 10:30 a.m. | Concurrent Workshops <i>Rooms TBA</i> Emerging Infectious Disease Issues for 2024 Raghav Tirupathi, MD <ol style="list-style-type: none">1. Current trends in diagnosis and management of asymptomatic bacteriuria/UTI2. Blood stream infections3. Antibiotic stewardship4. Inpatient management of patient with HIV5. Management of respiratory infections Inpatient Diabetes Management Ariana Pichardo-Lowden, MD, M.Ed, MSc <ol style="list-style-type: none">1. Review general guidelines of care for inpatient glycemic management2. Articulate barriers, consequences and benefits related to glucose control in the acutely ill3. Identify practice resources for optimization of care Commonly Overprescribed Medications in the Inpatient Setting Alison Sabados, PharmD, BCCCP Karen Frock, PharmD, BCCCP <ol style="list-style-type: none">1. Understand the impact of overprescribing medications to hospitalized adults2. Review commonly overprescribed medications and what you should do instead |
| 10:30 - 10:45 a.m. | Break |
| 10:45 - 11:45 a.m. | Keynote Session: Challenges in Transitions of Care Brian McGillen, MD, FACP, SFHM <ol style="list-style-type: none">1. Explore the current state of Hospital Medicine and how—over 28 years—we've reached this point2. Discuss the evolving landscape in healthcare at local and national levels3. Present existing and impending challenges to hospitalists based on the rapidly changing healthcare environment |
| 11:45 a.m. - 1:00 p.m. | Lunch and Abstract Viewing |
| 1:00 - 2:00 p.m. | Scientific Abstract Competition: Oral & Abstract Presentations |
| 2:00 - 2:30 p.m. | Break and Abstract Competition Judging |
| 2:30 - 3:00 p.m. | Winners of Abstract Competition Announced and Closing Remarks |

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Transforming patient care.

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