



South Central PA
Chapter

Saturday, November 11, 2023

**SHM South Central
Pennsylvania Chapter:
6th Annual Academic Day**

hospitalmedicine.org/southcentralpa



Personalizing Care for the Patient and the Provider



Saturday, November 11, 2023 / 7:00 am - 4:00 pm

WellSpan York Hospital - Education Pavilion
1001 South George St, York, PA 17403

[Register Now](#)

7:00 - 8:00 AM

Registration and Breakfast

8:00 - 8:15 AM

OPENING REMARKS

Welcome

R. Lucas Shelly, DO, SFHM

President, SHM South Central PA Chapter

Ryan Munyon, MD

Vice President, SHM South Central PA Chapter

Sarah Al-Obaydi, MD, MPH

Secretary, SHM South Central PA Chapter

Susan Thurman, PA-C

APP Lead, SHM South Central PA Chapter

Daniel Fischman, MD, MMM

Academic Chairperson, SHM South Central PA Chapter

Brian McGillen, MD, FACP, SFHM

Advisory Board Member, SHM South Central PA Chapter

8:15 - 9:15 AM

GUEST SPEAKER

Speaker #1

Plenary: Precision Medicine

David Kann, MD, MPH, FNLA

Medical Director of the Precision Medicine Program,
WellSpan

9:15 - 9:30 AM

Break

9:30 - 10:30 AM

CONCURRENT WORKSHOPS

Room TBA

Updates on Contrast-Induced Nephropathy

Jean-Sebastien Rachoin MD MBA FASN, SFHM FCCM

Head of the Center of Hospital-Based Services,
Cooper University Healthcare

Room TBA

Updates on Penicillin Allergies

Taha Al-Shaikhly, MBChB, FAAAAI, FAAAAI

Assistant professor of Medicine,
Penn State College Of Medicine

Room TBA

Your Resilience Building Playbook

Jennifer Eggers

President, C-Level Executive Coach,
LeaderShift Insights, Inc.

10:30 - 10:45 AM

Break

10:45 - 11:45 AM

GUEST SPEAKER

Speaker #2

Plenary: Updates in Hospital Medicine

Lenny Feldman, MD

Director, Osler Medical Residency Urban Health Track
Associate Professor of Medicine,
Johns Hopkins Medicine

**11:45 AM -
1:00 PM
Speaker #3**

Lunch and Keynote Presentation

Resilience: It's Not About Bouncing Back

Jennifer Eggers

President, C-Level Executive Coach,
LeaderShift Insights, Inc.

1:00 - 2:00 PM

ABSTRACT COMPETITION

**Oral
Presentations
& Abstract
Presentations**

**Please join us for our abstract session, highlighting
Research, Innovations and Clinical Vignettes**

2:00 - 2:30 PM

Break

2:30 - 3:30 PM

CONCURRENT WORKSHOPS

Room TBA

A Goodnight's Sleep through Meditation

Jay Thimmapuram, MD, MRCP

Academic Hospitalist in Internal Medicine,
Wellspan York Hospital

Room TBA

Updates on Opiate Use/Substance Use Disorder

Rachel Haroz, MD, FAACT

Associate Professor in the Department of Emergency Medicine,
Cooper Medical School of Rowan University

Room TBA

"Things We Do for No Reason"

Sarah Al-Obaydi MD MPH

Assistant Professor of Medicine and Public Health Sciences,
Penn State College of Medicine

Omrana Pasha-Razzak MD MSPH

Professor and Chair of the Department of Community Health and Social Medicine,
City University of New York School of Medicine

- **Announcement of abstract competition awards**
- **Closing remarks**

SHM Annual Conference

We look forward to seeing you at the SHM Annual Conference, Converge 2024, April 12-15, 2024 in San Diego, CA.

Planning Committee Members:

- Daniel Fischman, MD, MMM - Conference Chair
- Sarah Al-Obaydi, MD, MPH - Abstract Competition Chair
- Jean-Sebastien Rachoin, MD, MBA, FASN, SFHM, FCCM - Workshops Chair
- Karampal Mand, MD - Logistics Chair
- Jay Thimmapuram, MD, MRCP - Committee Member
- R. Lucas Shelly, DO, SFHM - Committee Member

Special Thanks:

- Mahesh Krishnamurthy, MD, SFHM - St. Luke's University Health Network
- Hyma Polimera, MD - Penn State Health
- Ray Johnson, Lisa Kroll, Maizie Moran - SHM

CME

The Society of Hospital Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Society of Hospital Medicine designates this in-person activity for a maximum of 6.00 *AMA PRA Category 1 Credit*TM. Physicians should claim only credit commensurate with the extent of their participation in the activity.

The faculty and planners of these activities have no relevant relationships to disclose. All relevant relationships were mitigated prior to the start of this activity.