



Regional Point-of-Care Ultrasound Course

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October 10-11, 2026

HealthPartners Conference Center

8170 33rd Avenue South

Bloomington, MN 55425

A two-day introductory training

with Interactive Didactics and Hands-on Learning



Register Online

[Click here to register.](#)



SHM Member: \$1,405*

SHM Non-Member: \$1,750*

**Fee includes breakfast and lunch both days, as well as snacks/refreshments throughout the day.*

The Society of Hospital Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Society of Hospital Medicine designates this live activity for a maximum of 15.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Day One

Saturday, October 10

7:15 a.m. - 5:00 p.m.

Day Two

Sunday, October 11

7:30 a.m. - 5:00 p.m.

Course Description

This immersive point-of-care ultrasound (POCUS) course is designed for hospitalists and clinicians across specialties who want to build practical, bedside ultrasound skills that translate directly into patient care. Beginners are welcome, and no prior POCUS experience is required. Learners will be cohorted by experience level, ensuring that those with prior coursework or scanning experience will also find the course highly beneficial.

Developed by experienced hospitalist educators, the course emphasizes the highest-yield POCUS applications for inpatient and acute care settings, while welcoming a multidisciplinary audience.

Participants will learn core POCUS principles, image acquisition techniques, and clinical applications through a blend of focused didactics and hands-on scanning sessions. Expert faculty, many of whom have completed national CHEST or SHM certificate programs and teach advanced ultrasound courses, provide individualized instruction in small-group settings.

Hands-on sessions are the cornerstone of the course, offering extensive practice on live models to develop proficiency in cardiac, pulmonary, abdominal, and lower extremity ultrasound exams. With a low learner-to-faculty ratio, participants receive real-time feedback to refine technique, improve image interpretation, and build confidence.

Lectures complement the hands-on experience by reinforcing key concepts, including indications, clinical integration, and decision-making using POCUS. The curriculum has been refined over time to maximize efficiency, relevance, and immediate applicability in clinical practice.

This course also contributes toward the [SHM Certificate of Completion](#), supporting clinicians in advancing their POCUS training and professional development.

SHM thanks HealthPartners for their generous in-kind partnership and support in making this course possible.

Course Objectives

Following this learning activity, participants will be able to:

- Demonstrate understanding of ultrasound physics and technology and the fundamentals to operate a portable ultrasound machine ("knobology").
- Differentiate between the different types of ultrasound transducers and select the correct transducer type for various POCUS applications.
- Demonstrate proper techniques to perform a focused cardiac and lung ultrasound by recognizing and interpreting abnormal thoracic ultrasound images.
- Recognize the normal sonographic appearance of abdominal solid organs, neck, and lower extremity vasculature by interpreting a series of abnormal ultrasound images.

Target Audience

This course is designed as an introductory training in POCUS for all clinicians who care for acutely ill hospitalized patients and those who provide perioperative patient care.

Who Should Attend:

Hospitalists and clinicians, including internal medicine, family medicine, pediatrics, critical care, emergency medicine, surgery, anesthesiology, hospital medicine, primary care, nephrology, nurse practitioners, physician assistants, residents, and students.

Course Director



Benji K. Mathews, MD, FACP, SFHM

*Society of Hospital Medicine POCUS Steering Committee
Senior Medical Director, Hospital Specialty Services,
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Course Faculty

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Admin Support

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“What a fantastic experience I had at the Minnesota Chapter Meeting's POCUS Course this past weekend. As someone with barely any prior experience, I found the course exceptionally well-designed. It not only helped me build a solid foundational knowledge of ultrasound, but the hands-on sessions were perfect for applying that knowledge in real time. The faculty lineup was outstanding, and their lectures were very focused and high-yield.”

2025 Course Participant

Course Schedule

Saturday, October 10

7:15 a.m. - 5:00 p.m.

7:15 - 7:45 a.m.

Registration & Breakfast

Note: Pre-course knowledge assessments must be completed prior to the start of this course.

7:45 - 8:00 a.m.

Welcome, Course Overview, Introduction to Point-of-Care Ultrasound

8:00 - 8:20 a.m.

General Principles of Ultrasonography and Knobiology

8:20 - 8:50 a.m.

Lungs/Pleura Ultrasonography

8:50 - 9:10 a.m.

DVT & Basic Vascular Ultrasonography

9:10 - 9:20 a.m.

Break & Divide into 2 Groups

9:20 - 10:20 a.m.

Workshop Rotation Case-Based Image Interpretation: Group A

Image Acquisition Using Live Models: Group B
Note: 2 Rotations - every 30 min

10:20 - 10:30 a.m.

Break & Rotate Groups

10:30 - 11:30 a.m.

Workshop Rotation Case-Based Image Interpretation: Group B

Image Acquisition Using Live Models: Group A
Note: 2 Rotations - every 30 min

**11:30 a.m. -
12:30 p.m.**

Lunch

12:30 - 1:25 p.m.

Point-of-Care Ultrasound Evaluation of the Heart

1:25 - 1:35 p.m.

Break & Divide into 2 Groups

1:35 - 3:05 p.m.

Workshop Rotation Case-Based Image Interpretation: Group A

Image Acquisition Using Live Models: Group B
Note: 2 Rotations - every 30 min

3:05 - 3:15 p.m.

Break & Rotate Groups

3:15 - 4:45 p.m.

Workshop Rotation Case-Based Image Interpretation: Group B

Image Acquisition Using Live Models: Group A
Note: 2 Rotations - every 30 min

4:45 - 5:00 p.m.

Day 1 Wrap-Up, Q/A, & Focused Hands-on Review with Faculty

5:00 p.m.

Adjourn

Sunday, October 11

7:30 a.m. - 5:00 p.m.

7:30 - 8:00 a.m.	Breakfast
8:00 - 8:40 a.m.	Abdominal Ultrasound
8:40 - 9:10 a.m.	Skin, Soft Tissues & Joints
9:10 - 9:20 a.m.	Break & Divide into 2 Groups
9:20 - 10:20 a.m.	Workshop Rotation Case-Based Image Interpretation: Group A Image Acquisition Using Live Models: Group B <i>Note: 2 Rotations - every 30 min</i>
10:20 - 10:30 a.m.	Break & Rotate Groups
10:30 - 11:30 a.m.	Workshop Rotation Case-Based Image Interpretation: Group B Image Acquisition Using Live Models: Group A <i>Note: 2 Rotations - every 30 min</i>
11:30 a.m. - 12:30 p.m.	Lunch & Presentation (POCUS Implementation, Economics, and Program Development)
12:30 - 1:25 p.m.	Vascular Access (Central & Peripheral), Lumbar Puncture
1:25 - 1:35 p.m.	Break & Divide into 2 Groups
1:35 - 3:05 p.m.	Workshop Rotation Case-Based Image Interpretation: Group A Skills Assessment with Feedback & Stations for Central Venous Access, Peripheral Venous Access, Lumbar Puncture: Group B <i>Note: 2 Rotations - every 30 min</i>
3:05 - 3:15 p.m.	Break & Rotate Groups
3:15 - 4:45 p.m.	Workshop Rotation Case-Based Image Interpretation: Group B Skills Assessment with Feedback & Stations for Central Venous Access, Peripheral Venous Access, Lumbar Puncture: Group A <i>Note: 2 Rotations - every 30 min</i>
4:45 - 5:00 p.m.	Post-Course Knowledge Assessment and Course Evaluations <i>Note: Participants requested to complete online post-course knowledge assessment & course evaluations to obtain CME</i>
5:00 p.m.	Adjourn

Course Schedule

Empowering Hospitalists.
Transforming patient care.

